



“RED SEA”

A SELF-PORTRAIT WORKSHOP IN ACRYLIC PAINT

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THANK YOU FOR BEING HERE

I've come to appreciate self-exploration through self-portraits and I'd love to share some of that process here with you.

I'm using a photo of myself I took with my phone a while ago. I would encourage you to do the same. It doesn't have to be a perfect photo, just let it inspire you and leave room for your creative input. If you are not comfortable with using your own face, please feel free to use any other photo. Let's dive in and get started!



SUPPLY LIST

I'M USING...

Watercolor paper 140 lbs, stretched, 18x24 inch / _____
 45x60 cm

Acrylic paint in: _____

- Burnt Sienna
- Burnt Umber
- Payne's Grey
- Raw Umber (optional)
- Titanium White

Brushes (synthetic): _____

- 1 inch flat brush
- 1/2 or 1/3 inch flat brush

Acrylic gel medium gloss _____
 Acrylic heavy body gel medium matte

A palette knife and/or a plastic card _____
 Tissue paper or paper handkerchiefs
 A rag/cloth
 A palette
 A cup for diluting paint
 A light pastel pencil _____

YOU CAN SUBSTITUTE WITH...

Any paper 140 lbs and up or a watercolor paper block or mixed media journal page. Stretching is optional! You can also use a board, panel or canvas.

Use any consistency or brand you want. I ended up hardly using Raw Umber so you can leave that out.

You can replace Payne's Grey with a mix of Black and Ultramarine Blue.

Any brush, as long as you have a bigger and a smaller one. Brush size also depends on your substrate size. Use whatever brush you comfortable with.

If you're happy with the shine of your paint, leave out the gloss medium and increase transparency with water.

You can replace a palette knife with a piece of cardboard. A plastic card can be a used gift or credit card and is optional.

You can use any charcoal, graphite or pastel pencil you have

STUDENT SUPPORT

You can share your work, comments and questions in my [private student Facebook group](#). If you don't use Facebook, you can also send me an email at s.awladissa@gmail.com

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