



FOUNDATIONS I
A COMPLETE SUPPLY LIST

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**A QUICK NOTE ON SUPPLIES**

Before you get overwhelmed with supplies, I just wanted to let you know a few things that I wish I knew when I started out.

I understand the feeling of thinking you need to have everything exactly as your teacher. And maybe that is the easiest way to go. But not all of us have easy access to a variety of art supplies. Maybe you live in a remote area, or maybe your finances are tight. Here's two things to keep in mind: 1) Student grade materials are just fine, because you are a student! And 2) Most big stores have a house brand that is usually cheaper for the amount of quality you get. Check out the substitutions for more tips and if you need help, just reach out!

SUPPLY LIST

I'M USING...**General (continues on the next page)**

Masking tape / artist's tape
Rigid working surface
Hard eraser (General's)
Kneadable eraser (Koh-i-Noor)
Tombow mono (optional)
Paper stump / blender
A palette
A palette knife
A few pieces of torn up watercolor paper
Some cardboard without printing on it

YOU CAN SUBSTITUTE WITH...

I use an MDF board as my work surface. I've sealed it so it doesn't absorb water. You can also use a drawing easel or even your table. Just make sure you don't end up with water damage on your furniture.

I use the Tombow mono very little, because I prefer my kneadable eraser.

For a palette, you can choose a solid plastic one, or a pack of disposable ones. I actually also like working on porcelain plates because they're easy to clean.

Substrates

Project 1: Hahnemuhle Bamboo, 20x27 inch
Project 2 and 3: House brand watercolor paper, 140lbs, 20x27 inch
Project 4: Canvas sheet, 18x24 inch

Some sketching paper, a block of cartridge or newsprint paper is just fine.

Hahnemuhle Bamboo can be replaced with any smooth hot-pressed watercolor paper. This is also sometimes called "satin". You can also use a heavy, smooth drawing paper, for example Daler & Rowney Smooth Heavyweight, Strathmore 400 or Clairfontaine PaintON.

Choose any watercolor paper with a medium grain.

For canvas, you can buy a roll if you want to invest. Otherwise, buy a pad with sheets, or get a pre-stretched canvas, or canvas board.

Dry media

Willow charcoal sticks
Charcoal powder
Compressed charcoal

Hard crayon or pastel pencil, red or brown
Pastel pencil, Koh-i-Noor Gioconda 8820/11

I recommend you get a set of charcoal sticks in different sizes. Sennelier has a good box. Coates is also good and more affordable. If you want to spend more, try Nitram.

Any brand of compressed charcoal will do.

Koh-i-Noor has a set of sketching crayons, if you like that. Otherwise just get a reddish and a dark brown pastel pencil. Any brand will do just fine.

SUPPLY LIST

I'M USING...

Dry media (continuation)

Soft pastel by Rembrandt:

Burnt Umber dark, 409,3
 Blueviolet, 548,3
 Marsviolet, 538.7
 Burnt Umber medium, 409,7
 Grey, 707.9
 English Red, 339.5

Soft pastel by Schmincke:

Sepia brown, 037 O

YOU CAN SUBSTITUTE WITH...

I prefer soft pastels by Rembrandt, but if you don't have access to them try Sennelier, Blick (US) or Faber-Castell

Sepia brown can be replaced with Rembrandt 409.10 (Burnt umber)

Acrylic paint

Talens Amsterdam Standard in:

Titanium white
 Lamp black
 Burnt Umber
 Burnt Sienna

I like Amsterdam Standard because it has excellent quality for a student grade paint. It's consistency is semi-heavy body so it thins down well, and can also get very stiff with a gel medium. Other affordable brands are Winsor & Newton Galeria, Daler-Rowney System 3 and Lukas Cryl. If you want to spend more, Golden Heavy Body is a great option.

Acrylic fluid medium (matte), home brand
 Extra heavy gel matte medium, Golden

Acrylic medium comes in a lot of different names which can be confusing. I'm using two kinds:

- the standard fluid medium which only increases the transparency. It always comes in a bottle, not in a jar.

- And the thick, gel medium which makes your paint very stiff. It comes in a jar.

Brushes

Two 1.5 inch flat brushes
 1 inch flat brush
 ½ inch flat or round brush
 Course round brush
 Soft round brush
 Small detail brush

I confess: I'm horrible with cleaning up brushes. So I mostly use cheap, home brand brushes. They work just fine for me. You can often get them in sets, but if you're specific (or want two of the same size) then buy them separate.

If you want to spend a little more, Davinci Nova is a great synthetic line. So is any brush from Jax. And I'm a huge fan of the brushes by Rosemary & Co.

STUDENT SUPPORT

You can share your work, comments and questions in the [Foundations Student Group](#). If you don't use Facebook, you can also send me an email at s.awladissa@gmail.com

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